

Andhra Christian College, Guntur

(Day, Evening & P.G.)

NOTICE

Date: 02-11-2018

All the M. Sc. Zoology students are hereby informed to attend a seminar on "Importance of Vitamin D3" to be conducted on 06-11-2018. Prof. K. Suneetha, Department of Zoology, Acharya Nagarjuna University, Guntur will be the Resource Person of this seminar.

Venue: Dept. of P. G. Zoology

Time : 11.00 a.m.


02/11/2018
Head HOD
Dept. of P.G. Zoology
ANDHRA CHRISTIAN COLLEGE
Department of P. G. Zoology

Principal

Copy to:

1. The coordinator, IQAC
2. The Office Manager

Andhra Christian College::Guntur

DEPARTMENT OF P.G ZOOLOGY

SEMINAR REPORT ON “IMPORTANCE OF VITAMIN D”

Introduction

The Department of P.G Zoology, Andhra Christian College, Guntur, organized a seminar on "Importance of Vitamin D" on 06-11-2018. The seminar was graced by the presence of Prof. K. Sunita, Department of Zoology, Acharya Nagarjuna University, Nagarjuna nagar, Guntur district, who served as the resource person.

CURRICULUM VITAE

1. Name in full in Block letters: **Prof. KANIKARAM SUNITA**

2. Date of Birth: **13-08-1972**

4. Date of Joining into the service: **17-10-2006**

4. Present Designation & Department: **PROFESSOR**

DEPT. OF ZOOLOGY & AQUACULTURE

5. Field of specialization: **PARASITOLOGY & IMMUNOLOGY**

6. Address for Correspondence:

a. **Office:** DEPARTMENT OF ZOOLOGY & AQUACULTURE,

ACHARYA NAGARJUNA UNIVERSITY,

NAGARJUNA NAGAR 522510,

GUNTUR, ANDHRA PRADESH, INDIA

b. **Residence:** H. No.: 4-15-49A, FLAT NO. 301,

4TH FLOOR, GREENWOODS APARTMENT,

BHARATHPET 6TH LINE, GUNTUR – 522002,

ANDHRA PRADESH, INDIA

c. E-mail: **drkanikaramsunita@gmail.com**

d. Phone: (Off) 0863-2346340

(Mobile) 8897951598

(Res) 9490343164

(Fax) 0863-2293320

7. Academic Qualifications:

- **M.Sc. (Zoology) in 1995 and Ph. D. (Parasitology) from Kakatiya University, Warangal, Telangana State**
- **Ph. D. (Parasitology) on 02-03-2002 from Kakatiya University, Warangal, Telangana State**

8. Period of teaching experience: P.G. Classes: 18 years

9. Field of Specialization under the Subject/ Discipline:

Immunology & Parasitology under the subject Zoology

10. Honours and Awards:

- **Awarded Merit Scholarship of worth Rs. 5000/- at M.Sc. level**
- **Associate Fellow of Andhra Pradesh Akademi of Sciences – 2013**
- **Outstanding Woman Researcher Award in Zoology - 2024 from Venous International Foundation Chennai, Tami Nadu**

11. Membership with Professional and Scientific bodies:

(i) Life Member of Indian Society for Comparative Animal Physiology (ISCAP)

(ii) Life Member of Indian Association of Aquatic Biologists (IAAB)

(iii) Life Member of Indian Science Congress (ISCA)

12. M.Phil. Degrees guided: **03**

13. Ph.D. Degrees guided: **13**

14. Research Projects: **03**

- As Principal Investigator, completed a UGC – Major Research Project - 2010-13
- Member of ‘Project Implementation Group’ of UGC-SAP-DRS Project – Level III
- Member of ‘Project Implementation Group’ of DST-FIST Programme – Level I

15. List of Books Published: **05**

16. List Papers Published in Reputed Journals: **90**

17. List of Papers published in Seminar Volumes: **02**

Objectives of the Seminar

This significant one-day conference sought to:

1. Give a summary of the many possible health advantages of vitamin D.
2. An update on the recommended levels of vitamin D and its status across communities in Southeast Asia.
3. Give a summary of what is now known about the physiological function of vitamin D in human nutrition throughout the life cycle.
4. Consider the function and significance of vitamin D sources, such as sunshine, food, fortification, and supplements.
5. Provide an update on matters pertaining to the evaluation of vitamin D status and talk about the creation of suggested vitamin D intakes.

Seminar Proceedings Opening Remarks

The seminar commenced with an introductory speech by the Head of the Department Dr. B. Diana J. Satya Latha. The speaker welcomed Prof. K. Sunita and highlighted his significant contributions to the field of Zoology and her extensive experience in teaching.

Prof. K. Sunita began her presentation by defining the importance of Vitamin D, and she explained the following contents:

1. Vitamin D status in young children and women.
2. Vitamin D status and intakes.
3. Influence of maternal Vitamin D on birth outcomes.
4. Vitamin D and child health.
5. Importance of Vitamin D in healthy aging.
6. Vitamin D and UV exposure - Benefits vs risks, barriers to exposure and how much do we need.
7. Food sources of Vitamin D/ fortification/ supplementation.
8. Methodologies and cut-offs for measuring/ evaluating Vitamin D status.

Interactive Session

The seminar also included an interactive session where participants had the opportunity to ask questions and discuss their doubts with Prof. K. Sunita. This session was highly engaging and provided additional clarity on the topics discussed.

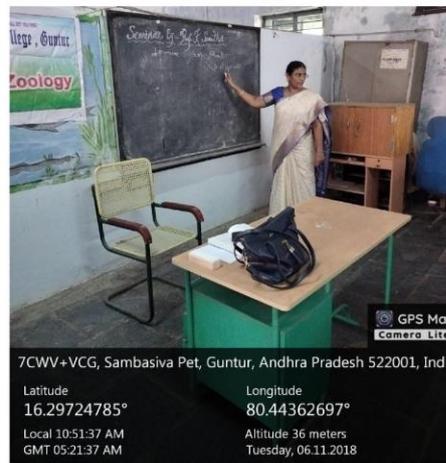
Conclusion

The seminar concluded with a vote of thanks by one of the participants. The participants expressed their appreciation for Prof. K. Sunita 's insightful presentations and her ability to explain complex concepts in an accessible manner. The seminar was a great success, significantly enhancing the participants' understanding of importance of Vitamin D3.

Acknowledgements

The Department of P.G Zoology, Andhra Christian College, Guntur, extends its heartfelt gratitude to Prof. K. Sunita for her valuable contribution to the seminar. Special thanks to the faculty members, and students for their active participation and support.

Professor K. Sunita, resource person for the seminar with participants:



Interaction session



The seminar concluded with a vote of thanks by one of the participants



1st event

ANDHRA CHRISTIAN COLLEGE::GUNTUR
Post Graduate Department of Zoology
2018 - 19

S.No	Name	Reg.No	Signature
1	KanakaRatnam	Y19ZO01001	KanakaRatnam
2	Raja	Y19ZO01002	Raja
3	Mahesh	Y19ZO01003	Mahesh
4	Chandini	Y19ZO01004	Chandini
5	Greeshma	Y19ZO01005	Greeshma
6	MarlinBeulah	Y19ZO01006	M. Beulah
7	Yesu Babu	Y19ZO01007	Yesu Babu
8	VeeraSwamy	Y19ZO01008	Veeraswamy
9	Chaitanya	Y19ZO01009	Chaitanya
10	Leelavathi	Y19ZO01010	Leelavathi
11	Manjusha	Y19ZO01011	Manjusha
12	Kalyani	Y19ZO01012	Kalyani
13	Mounika	Y19ZO01013	Mounika
14	Neelima	Y19ZO01014	Neelima
15	Pavithra	Y19ZO01015	Pavithra
16	Sahithi	Y19ZO01016	Sahithi
17	Vasavi	Y19ZO01017	Vasavi
18	Dinusha	Y19ZO01018	Dinusha
19	Raveena	Y19ZO01019	Raveena
20	Yedidyah	Y19ZO01020	Yedidyah
21	Vijaya	Y19ZO01021	Vijaya
22	Narendra	Y19ZO01022	Narendra
23	Vishali	Y19ZO01023	Vishali
24	Pranitha Kumari	Y19ZO01024	Pranitha Kumari
25	Anusha	Y19ZO01025	Anusha
26	Prasad	Y19ZO01026	Prasad
27	Nirmala Kumari	Y19ZO01027	Nirmala Kumari
28	Hanuma Naik	Y19ZO01028	Hanuman Naik
29	Barma Naik	Y19ZO01029	B. Naik
30	Sirisha	Y19ZO01030	Sirisha
31	Saraswathi	Y19ZO01031	Saraswathi
32	Mounika	Y19ZO01032	Mounika

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Post Graduate Department of Zoology
2017 - 18

S.No	Name	Reg.No	Signature
1	Venkata Subhashini	Y18ZO01001	Subhashini
2	Bhanu	Y18ZO01002	Bhanu
3	Lalitha	Y18ZO01003	Lalitha
4	Ratna Babu	Y18ZO01004	Ratna Babu
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6	Sudha Rani	Y18ZO01007	Sudha Rani
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10	Nagoor Basha	Y18ZO01011	Nagoor Basha
11	Mahin	Y18ZO01012	Mahin
12	Suneetha	Y18ZO01013	Suneetha
13	Aswini	Y18ZO01014	Aswini
14	Ibrahim	Y18ZO01015	Ibrahim
15	Abhishiktha Prakashini	Y18ZO01016	Abhishiktha Prakashini
16	Sahithi Naga Ratnam	Y18ZO01017	Sahithi Naga Ratnam
17	Chandrika	Y18ZO01018	Chandrika
18	Gopi	Y18ZO01019	Gopi
19	Ratna Kumari	Y18ZO01020	Ratna Kumari
20	Vinodh Babu	Y18ZO01021	Vinodh Babu
21	Vinod	Y18ZO01022	Vinod
22	Mounika Baby	Y18ZO01023	Mounika Baby